

An Important Safety Message from the Children's Burn Foundation

KEEPING YOUR FAMILY SAFE

A fire is FAST, HOT, DARK and DEADLY.

In a typical home fire, families have only about 2 minutes to escape to safety. Even when children have learned the steps to take to escape a burning house, without practice, they can panic.



Children's Burn Foundation
Giving New Hope

To protect your children: _____

- 1) Meet with your family and create a fire escape plan. (*A worksheet is on the reverse side of this card*)
- 2) Review and talk about the simple, but life-saving safety tips below.
- 3) Most important, **PRACTICE**, the plan with your family. **PRACTICE** all of the safety tips below including crawling on the floor and following the escape plan with each child from their room to your designated meeting place.

Using the grid on the reverse side of this card, draw a floor plan or map of your home. Discuss with your family at least 2 ways to get out of every room and choose a safe place outside of your house or apartment building for family members to meet. Having a meeting place will let you know that everyone has gotten out safely, and no one will get hurt looking for someone who is already safe.

Talk with your family about what to do in the event of a fire:

PREPARE

- Install smoke alarms on every level, corridors leading to sleeping areas and in all bedrooms.
- Test them once a month and change the battery twice each year. Smoke alarms are inexpensive and save lives.
- Sleep with bedroom doors closed.

ESCAPING FROM FIRE

- If a fire breaks out in your home, remember the following tips:
- Check the door with the back of your hand - if you feel heat, use your second exit.
- If there is smoke, crawl on your hands and knees to the nearest exit.
- Teach children how to get out of the house.
- Call 9-1-1 from a neighbor's house.
- NEVER go back into a burning house. GET OUT AND STAY OUT!

IF YOU ARE TRAPPED IN A ROOM

- Stay low near the door or window.
- Put blankets, rugs or pillows at the bottom of the door to keep out smoke.
- Signal out of the window with a sheet, towel or flashlight.

PRACTICE

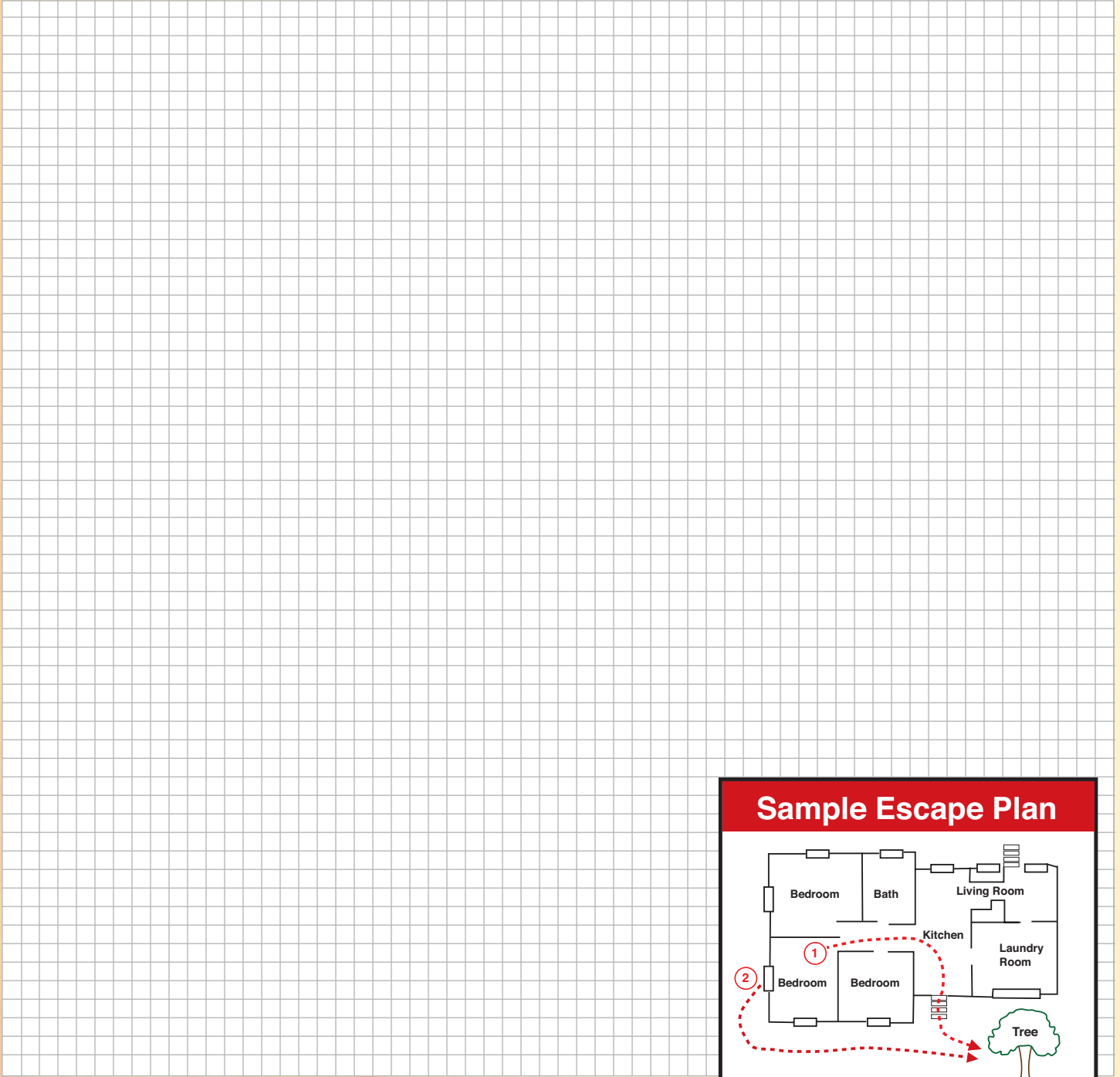
- Count all family members at your meeting place.
- If someone is missing, tell the firefighters where that person may be. **NEVER** go back inside.

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PLAN YOUR ESCAPE

Getting Started:

- Draw a floor plan or map of your home.
- Show all doors and windows.
- Mark two ways out of each room.
- Mark all smoke alarms with SA.
- Pick a family meeting place outside.
- Remember – **PRACTICE your plan at least twice a year**



Sample Escape Plan

